

Camp de la Relève

Camp Information / Selection Criteria

Camp Information

Camp de la Relève is a SQA-sanctioned racer development camp that is by invitation-only to the top performing racers in the U14 category across the regions in Quebec and is open only to athletes registered with the Outaouais Ski Zone.

The categories of athletes are defined as follows:

2nd year U14 athlete – *Has finished the 1st year of the U14 program and is going into the 2nd year of the U14 program.*

1st year U14 athlete - *Has finished the 2nd year of the U12 program and is going into the 1st year of the U14 program.*

The Outaouais Zone is provided a quota for the top 2nd year U14 racers. Also, as one of the 4 larger regions the Outaouais Zone may be given extra quota for the top 1st year racers.

The camp is typically held the 2nd week of January at a hill to be determined each year.

Parents are responsible for their athlete during the camp including accommodations and meals and registration for the camp.

The training days consists of a Slalom day, GS day and Super G day.

All participating athletes must have Super G skis with minimum 23m radius to participate in the Super G training day. (NOTE: athletes must be participating in every day of training)

One coach, assigned by the OSZ, attends the event with the athletes. The Zone encourages clubs, at their expense, to send additional coaches to support their skiers and to develop younger coaches in our regional system.

Notification of invited athletes is sent out to Club Coaches/Coordinators at the end of November. Information on details from the SQA are sent out as soon as available.

Selection Criteria

The determination of eligible athletes is based solely on the preceding season's OSZ/NCD Year-end Series Points as posted on the Outaouais Ski Zone website, for each of the two respective age categories. Details of the races used in calculating the Series Points are found on the OSZ website.

The NCD athletes are removed from the rankings to determine the top boys and top girls from the OSZ for both age categories.

The U14 Zone coordinator with the U14 coaches committee review and recommends the rank order list of selected athletes.

For more information contact the U14 Outaouais Ski Zone Coordinator or U14 Club Coordinator