



### Eastern 2016-2017 CAN-AM RULES

#### U14 Can-Am

Discipline	Vertical Drop	Distance between gates
SL	Max 140m Min 110m	4-5m vert. combination 8-10m open, max 3 hairpins, 1 3 gates flush, max 2 delay (max 13m, turning pole to turning pole)
GS	200-250m	15-25m, max 3 delay (35m max turning pole to turning pole)
SG	225-350m	25-40m Delay min. 15m 1 jump recommended

#### Quotas:

USSA Eastern-60

USSA Rocky-Central-10

Ontario-30

Quebec-30

Canada District East-10

\*\*Unfilled quotas by a particular Region will NOT be re-allocated

#### U16 Can-Am

Discipline	Vertical Drop	Distance between gates
SL	Max 140-160m	4-6m vert. combination 8-11m open, max 3 hairpins, min 1 max 3 flush, min 1 max 3 delay(max 15m)
GS	Max 300m Min 200m	20-27m, min 1 max 3 delay (35 meters turning pole to turning pole)
SG	Max 450m Min 300m	25-45m, delay 15m min. 1 jump recommended

**\*Men events can use 27mm or 30mm Gates**

**\*Distance between turning gate and delay is at the discretion of the course setter.**

#### Quotas:

USSA Eastern-60

USSA Rocky-Central-10

Ontario-40

Quebec-40

Canada District East-10

\*\*Unfilled quotas by a particular Region will NOT be re-allocated

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