

Nancy Greene

Discipline	Vertical Drop	Gate Distance
GS	120m max	Vertical 12-18 No combinations or delays Sets should ensure maximum completion rate

**Giant Slalom:** 25-27mm gates  
**3-4 runs per event**  
**No racing suits, snowsuits only**

U10

Discipline	Vertical Drop	Gate Distance
SL	100m	Vertical 4-9m, Combination 4-5m Delay 11m max Max 2 hairpins, Max 1 flush, 1 Delay 25-45 gates approximate
PSL	60-80m	Vertical 7-12m No combinations, or delays 20-40 gates approximate
GS	180m Max	12-18m Max 35 turns

**Slalom:** is with stubbies, no full gates  
**PSL:** full gates 25mm  
**Giant Slalom:** 25-27mm gates  
**No racing suits, snowsuits only**

**U12**

<b>Discipline</b>	<b>Vertical Drop</b>	<b>Gate Distance</b>
SL	100-120m	Vertical 6-10m, Combination 4-5m Delay 12m Max 2-3 Hairpins, Max 1 Flush 1 Delay 25-50 gates
PSL	60-80m	Vertical 7-12m No combinations, or delays 20-40 gates approximate
GS	Max 200	14-20m Max 1 delay, 25m Number of gates: 13-18% of VD

**Slalom:** Stubbies or 25mm gates (60"/5') preferable, 27mm if required

**PSL:** full gates 25 or 27mm gates

**Giant Slalom:** 25 or 27mm gates

No racing suits, snow suits only

**U14: Can-AM Rules**

<b>Discipline</b>	<b>Vertical Drop</b>	<b>Gate Distance</b>
SL	Max 140m Min 110m	4-5m vertical combinations 8-10m open gates Max 3 hairpins Max 1 flush Max 2 delays (max 13m)
PSL	Max 120m Min 100m	9-13m vertical combinations No combinations, or delays 20-40 gates approximate
GS	200-250m	15-25m Max 3 delays (35m turning pole to turning pole)
SG	225-350m	25-40m Delay (min 15m) 1 jump recommended

**Gates: 27mm Full Gates**

**U16: Can-Am Rules**

<b>Discipline</b>	<b>Vertical Drop</b>	<b>Gate Distance</b>
SL	Max 140m - 160m	4-6m vertical combinations 8-11m open gates Max 3 hairpins Min 1, Max 3 flush Min 1, Max 3 delays (max 15m)
GS	200-250m	20-27m Min 1-Max 3 delays (35m turning pole to turning pole)
SG	225-350m	25-45m Delay (min 15m) 1 jump recommended

**Gates: 27mm Full Gates, (For U16 Men, use of 30mm for SL)**